

An aerial photograph of a person in a red jacket and black helmet paddling a blue kayak down a narrow, icy channel. The water is a mix of white and blue, with ice floes scattered throughout. The channel is flanked by dark, rocky cliffs. The overall scene is one of adventure and exploration.

Activities to put you in the *Action*

The Most Comprehensive Activity Program

The real adventure happens off ship. Our expeditions are all about more opportunities for you to get off-ship to explore and connect with the remarkable destinations we go to.

We have the most comprehensive activity program, supported by the most experienced Expedition Team on hand, dedicated to making each experience action packed and immersive in the natural environment.

Some activities are included in your expedition, while others are optional and cost extra. Some activities need to be booked in advance.

There are activity options for everyone regardless of experience or skill level. And there is always the opportunity to try something new. How you experience the destination is entirely up to you.

*All our landings, adventures and activities are subject to weather conditions and activity options do vary by itinerary.

Included Activities

Our expeditions are designed to put you in the action as much as possible. To maximise your time in the incredible destinations we visit, we offer a range of included activities as part of your voyage.



Polar Plunge

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A time-worn tradition, the polar plunge is a celebrated optional rite of passage for polar travelers. Take the plunge to cheers of encouragement from all on board! NB: This activity is available on selected polar and temperate expeditions only, weather permitting.



Guided Hikes

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Adventurous hikes for all abilities are offered on our expeditions. Explore historic ruins, stroll pristine beaches, trek through lush wilderness areas, admire local flora and fauna, or scale heights to delight in spectacular vistas.



Photography

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Our photography guides offer onboard lectures that are filled with handy hints to improve your camera and photography skills and will help you capture those memorable moments in the field during landings and excursions.



Zodiac Cruises

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Explore rocky coves, marvel at spectacular glaciers and icebergs, discover secluded bays and search for wildlife in hard-to-reach places in our fleet of trusty Zodiacs – sturdy and heavy duty inflatable rubber speedboats.

Optional Activities

Choose from a large selection of optional activities that can be enjoyed multiple times throughout your voyage. Led by our professional and passionate expedition team, we aim to get you out on your optional activities as often as possible, whenever conditions allow. (Additional charges apply for optional activities).



Sea Kayaking

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Silent and sleek, sea kayaks are perfect for exploring wild coastlines, allowing you to get up close with the amazing wildlife.



Scuba Diving~

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Get under the surface of the sea and discover the hidden wonders of the underwater world with some of the world's best dive masters.



Snorkeling#

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Witness wildlife in action and marvel at the fascinating display of life under the water as you snorkel and drift along at a leisurely pace.



Stand-Up Paddle Boarding (SUP)#

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Paddle in protected bays, drift quietly under the backdrop of lush rainforest, or glide over vibrant coral gardens.



Snowshoeing

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Get a glimpse of how intrepid explorers would have traversed Antarctica in the past by participating in our snowshoeing activity.



Ski & Snowboard Touring*

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Take on some of the world's most incredible slopes on the only truly white continent on earth – Antarctica.


Key:


●○○ Easy to moderate activity, some experience is beneficial

●●● Moderate activity, some experience required

●●● Challenging activity, extensive experience is necessary

 Activity offered in polar climates

 Activity offered in temperate climates

 Activity offered in tropical climates

*AE Expeditions (part of Aurora Expeditions), terms & conditions: All activities are subject to change and are weather permitting and will only be undertaken in good conditions as assessed by the Captain, Expedition Team and Activities Guides. Additional charges apply to all optional activities and unique one-off experiences, unless specified otherwise. Please contact us for prices of activities related to your chosen voyage. Some activities require prior experience, particular qualifications or level of fitness. Contact us for detailed information and to check your suitability for the activity. You will be required to complete an Activity Booking Form at the time of booking. Our guide will review your client's suitability and experience before confirming their spot. Activity bookings are subject to availability and may require minimum numbers to operate, depending on activity. For more information or to download your booking form visit auroraexpeditions.com.au. ~ Scuba Diving requires participants to hold an Advanced Open Water Diver qualification (or equivalent) with a minimum of 30 logged dives, at least 6 of those dives completed in the last 12 months. Polar and Temperate Scuba Diving require an additional Drysuit Specialty certification with a minimum of 30 drysuit dives, at least 10 of those dives completed in the last 12 months, with a minimum of 5 of those dives in a drysuit. You will need to show your diving certificate, diver's logbook and a current diving medical certificate (no more than six months old) from your doctor confirming you are in suitable physical health to participate in scuba diving. * You will be required to bring your own equipment, which must be in good condition. Limited equipment is available for hire on board. Contact us for details on the equipment you will need to supply. #Snorkelling and SUP is offered complimentary on tropical expeditions. ^ Alpine Trekking & Climbing participants are required to have a suitable level of alpine trekking and climbing or mountaineering experience and will need to bring their own climbing equipment, which must be in good condition. AE Expeditions will supply all ropes, snowstakes, ice screws, survival equipment and camping equipment including tents, stoves and fuel.



Alpine Trekking & Climbing[^]

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Led by experienced guides, you will come face-to-face with Antarctica's mighty mountain peaks, trek over technical alpine passes and go ice climbing on the continent known for its frozen splendour.



Shackleton's Crossing

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Follow the footsteps of Sir Ernest Shackleton and trek for up to three days across South Georgia from King Haakon Bay to Stromness, either on foot or on skis.

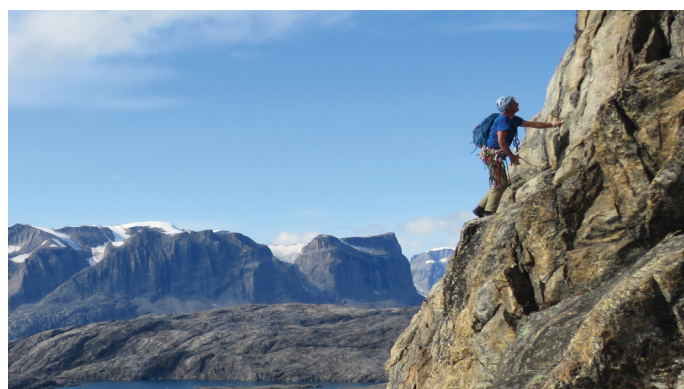


Camping

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Spend an unforgettable night on the white continent and be prepared to witness the sounds of ice cracking in the distance and wildlife carrying out their busy schedule around you.



Rock Climbing in Greenland*

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Climb the striking granite peaks of remote East Greenland in pursuit of breathtaking views of Scoresbysund's ice-filled fjords. Relish the chance to explore up and along the rarely-scaled peaks that dominate the landscape.



Paddling

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Enjoy an unforgettable experience on the water with coastal paddling in inflatable kayaks. This is ideal for those with no experience who are seeking a 'lite' kayaking experience.

*Subject to appropriate weather and sea conditions.

For inquiries and bookings contact
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